RIVER STONE

Date ________________

NEW CLIENT INFORMATION

Confidential Patient History Form

Name: ____________________________ ❒ Male ❒ Female ❒ Prefer not to say

Address: ______________________ City: ________________ Postal Code: ____________

Email: ______________________ Age:____ Birthdate: (Day)_____ (Month)_____ (Year)______

AB Health Care #: ________________ Home Phone: ______________ Cell Phone: ______________

Medical Doctor: ______________________ Doctor Phone #: ______________________

Emergency Contact Name: ______________________ Phone #: ______________________

How did you hear about us? (check one below)

❒ Google Search ❒ Instagram ❒ Flyer from: ______________ ❒ Referral/Other: ______________________

I agree that River Stone Massage may notify me of new treatments and promotions via email. ❒ Yes ❒ No

Please indicate conditions you are experiencing or have experienced:

Cardiovascular
- ❒ High blood pressure
- ❒ Low blood pressure
- ❒ Chronic congestive heart failure
- ❒ Heart attack
- ❒ Phlebitis / varicose veins
- ❒ Stroke / CVA
- ❒ Pacemaker or similar device
- ❒ Heart disease
- ❒ Dizziness / vertigo
- ❒ Seizures
- ❒ Blood clots

Is there a family history of any of the above? ❒Yes ❒No

Head and Neck
- ❒ History of headaches
- ❒ History of migraines
- ❒ Vision problems
- ❒ Vision loss
- ❒ Ear problems
- ❒ Hearing loss

Women
- ❒ Pregnancy
  Due Date: ________________
- ❒ Previous Pregnancy Complications:
  Describe: ________________
- ❒ Menopausal problems:
  Describe: ________________
- ❒ Menstrual problems:
  Describe: ________________
- ❒ Gynecological conditions
  Describe: ________________

Respiratory
- ❒ Asthma
- ❒ Bronchitis
- ❒ Emphysema
- ❒ Chronic Cough
- ❒ Shortness of breath

Is there a family history of any of the above? ❒ Yes ❒ No

Muscle/Joint
- ❒ Neck
- ❒ Back (❒ lower ❒ mid ❒ upper)
- ❒ Shoulders
- ❒ Elbow
- ❒ Wrist / Hand
- ❒ Hip
- ❒ Knee
- ❒ Ankle / Foot
- ❒ Spine

Infectious Conditions
- ❒ Skin Conditions
  Describe: ________________
- ❒ Respiratory Conditions
  Describe: ________________
- ❒ Hepatitis

Skin Conditions
- ❒ Eczema
- ❒ Psoriasis
- ❒ Rash
- ❒ Warts
- ❒ Open Sores

Digestive
- ❒ Constipation
- ❒ Crohn's Disease
- ❒ Colitis
- ❒ Irritable Bowel Syndrome
- ❒ Ulcers

Other
- ❒ Loss of sensation
  Where? ________________
- ❒ Diabetes
  Onset: ________________
  Type: ________________
- ❒ Allergies / hypersensitivity
  What? ________________
- ❒ Epilepsy
- ❒ Cancer
  Type/Location: ____________
- ❒ Arthritis
  Type/Location: ____________
- ❒ Hemophilia
- ❒ Fibromyalgia
- ❒ Chronic fatigue
- ❒ Scoliosis
- ❒ Polio / Post Polio
- ❒Osteoporosis

Is there a family history of any of the above? ❒ Yes ❒ No

Men
- ❒ Enlarged Prostate
- ❒ Libido Issues
- ❒ Other

____

For what condition or reason are you seeking treatment today? ____

____

Circle any of the following treatments you have received in the past:

Massage Chiropractic Physiotherapy Osteopathy Acupuncture Therapeutic Laser

What is your occupation? ____

Do you have any medical conditions not listed above? ❒ Yes ❒ No

If yes, please describe: ____

____

Do you have any internal wires, artificial joints, pacemakers or special equipment that we should be aware of?

❒ Yes ❒ No *If yes, please describe:* ____

____

<u>Please circle any area causing you symptoms of pain, stiffness, numbness or other forms of discomfort:</u>

Face	Upper Back	Arm(s)	Hand(s)	Thigh(s)	Ankle(s)	Neck
Elbow	Mid Back	Finger(s)	Knee(s)	Feet	Shoulder(s)	Wrist(s)
Hip(s)	Lower Back	Leg(s)	Toe(s)	Chest	Ribs	Tailbone

Have you seen any other health care professional(s) for this condition or reason? ❒ Yes ❒ No

Have you ever been involved in a motor vehicle accident? ❒ Yes ❒ No Date:____________________

Have you been involved in any other accidents? ❒ Yes ❒ No Date:____________________

Have you ever been knocked unconscious? ❒ Yes ❒ No Date:____________________

Have you ever had a work-related injury? ❒ Yes ❒ No Date:____________________

Briefly explain any surgeries you have undergone, for what and when:

____

____

Have you had recent X-rays and if so what were the findings?

____

____

Are you presently taking any prescribed medication(s)? ❒ Yes ❒ No

If yes, please note the medication(s) and the condition(s) for which it is being used if known.

____

____

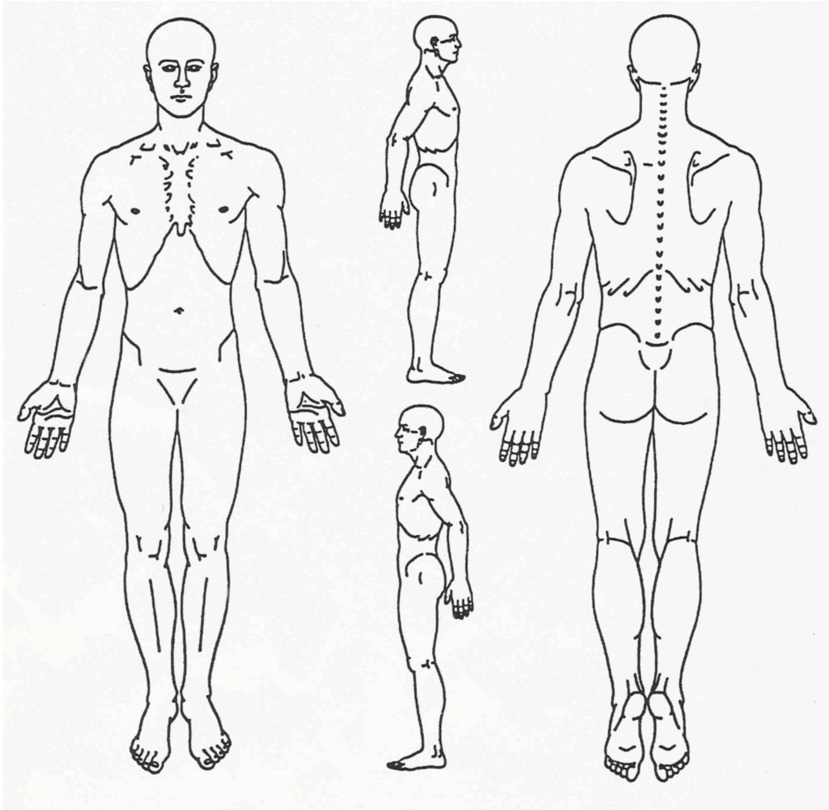
Are you currently pregnant? ❒ Yes ❒ No

Are, or were, you a smoker? ❒ Yes ❒ No

Please rank your stress levels? ❒ Low ❒ Medium ❒ High ❒ Very High

Please mark the figures below with the letters that best describe the sensation or pain you are feeling. Mark areas where pain radiates or spreads with arrows ↑, ↓, ←, → to indicate the direction of radiating pain. Include all affected areas.

A = Ache	B = Burning	R = Radiating Pain	D = Dull Pain
N = Numbness	S = Stabbing	P = Pins & Needles	O = Other



Please indicate how you would rate your pain (LOW) 0 1 2 3 4 5 6 7 8 9 10 (HIGH)

How long have you experienced this pain? ❒ **Years** ❒ **Months** ❒ **Weeks**

Is this your first episode of this pain? ❒ Yes ❒ No

I acknowledge that no assurance or guarantee has been provided as to the results of treatment. I understand that the Practitioners at River Stone must be fully aware of my existing medical conditions. I have completed my medical history form and disclosed all of those medical conditions affecting me. It is my responsibility to keep the Practitioners updated on my medical history. I give consent for my treatment notes to be read by the other health care professionals at River Stone Massage. The information I have provided is true and complete to the best of my knowledge.

For insured clients:
I hereby consent to direct billing so that River Stone Massage and Wellness Centre may bill my health insurance company and have that company pay River Stone directly for my treatments. By signing this I also state that I will pay any outstanding fees for treatments received that are not covered by my insurance company.

Cancellation:
We require 24 hours' notice if you need to cancel/change your appointment so that we may accommodate another client in need of our therapeutic services. If you cancel with less than 24 hours' notice, a $50.00 cancellation fee will be charged to your account and/or credit card. We hold encrypted credit card information on our secure server.

______________________________ Signature

______________ Date

______________________________ Practitioner Signature